



As a Subscriber to my Mail-list you'll receive a bunch of benefits including (but not limited to) the following:

- 15% discount on select products & services - announcements and flash sales are made via email to subscribers
- Access to our private online community: "Heart of the Matter"
- Access to an archive of 1 year+ transformational training sessions as well as ongoing trainings
- Access to Guest Expert Speakers on a variety of topics focusing on awareness, mindfulness and overall well-being.
- Access to our Virtual Book/Learning Club
- A weekly email (each Wednesday) with tips, tools and techniques designed to help you increase and improve your self-awareness
- First opportunity to programs, products, services, workshops, seminars and events (frequently at discounted prices)
- Invitation to subscriber-only events when they occur in your area or online virtually
- Special subscriber rate if booking Michelle for private or corporate events (such as House Concerts, Team Building Seminars and Keynote Speaking for example)
- An exclusive behind the scenes look at my creative process