

Coaching Services Agreement

Michelle Myrick | Art of Awareness Coaching | AMMO ARTWORKS INC.

GENERAL TERMS and CONDITIONS

SERVICES

The services to be provided by Michelle Myrick | Art of Awareness Coaching | AMMO ARTWORKS INC. (Provider) to the client (Client) are conducted via video conferencing or face-to-face where possible and as agreed jointly with the client.

Coaching may address specific personal life struggles, business issues, or general conditions in the client's life or profession.

Coaching services can include but are not limited to evaluating and reviewing values, thought processes, identifying action plans, examining modes of operation in life, asking clarifying questions, and making empowering requests or suggestions for action. Additionally, the client may be asked to reflect on difficult topics or situations which may result in emotional expressions

Throughout the working relationship, the Provider will engage in direct and personal conversations. The Client understands that successful coaching requires a co-active collaborative approach between client and coach.

In the coaching relationship, the coach plays the role of a facilitator of change, but it is the client's responsibility to enact or bring about the change by their own action.

If the client believes the coaching is not working as desired, the client will communicate this with the coach as soon as possible and the coaching strategy will be restructured to address the client's desired outcome of coaching.

The Client understands that not all coaching methods and mediums all work for all clients and a course of trials may be required in order to find the best solutions.

You are very much encouraged to talk more with the Provider in order to receive a better understanding of what coaching is about and how to get the most out of it.

PRIOR HISTORY

The Client agrees to disclose details of any past or present psychological or psychiatric treatment.

Coaching and counselling are not the same. Likewise, therapy and other modes of professional or medical psychological examination shall not be considered equivalent to coaching.

The Provider is not a registered psychologist or psychiatrist, nor a licensed therapist and therefore will not engage in therapy with the Client. In entering into the coaching relationship, and signing the agreement, you are agreeing that if any mental health difficulties arise during the course of the coaching relationship, the Client will notify the Provider immediately so that an appropriate referral plan of action may be put in place.

CONFIDENTIALITY

All information about the coach/client relationship will remain strictly confidential except in very rare circumstances where decreed by law; i.e. where the court might issue an information request / subpoena for the file or information.

If you wish for the Provider to speak to someone outside our interactions, the Client must provide written permission (original letter, fax or email) to do so.

Exceptions to confidentiality relate to circumstances such as intent to seriously harm someone, child abuse, thoughts of suicide etc. Otherwise, all remaining information is kept strictly confidential.

It is also important to note that with the use of technology, there is a risk outside the Provider's control in using certain media such as the internet, mobile phones and cordless phones. If you use these to communicate with the Provider, then it is assumed that it is appropriate to continue to interact in this manner.

RELEASE OF LIABILITY

Life Coaching is a service that provides personal coaching to specific individuals and/or groups. The Client is aware that coaching is in no way to be construed or substituted as psychological counselling or any other type of therapy or medical advice.

The Provider will at all times exercise professional efforts, skills and care of ensuring the Client is coached to meet their life coaching aims and goals.

The Client understands and acknowledges that the Provider will not be liable legally or otherwise, for the actions the Client may or may not undertake as a result of the life coaching sessions.

No assumption of responsibility is made, or given, and the client requesting such advice agrees not to hold the Provider responsible or liable in any form or fashion, for such actions taken of their own accord.

The Client agrees that using any life coaching services are done so entirely at their own risk.

Life coaching services are provided "as is", without warranty of any kind, either expressed or implied, including without limitation any warranty for information services, coaching, or products and services supplied by the Provider.

This service is requested at the Client's own choice and with inherent singular responsibility. Any actions or lack of actions taken by the Client of such advice is done so solely by choice and responsibility of the Client and is neither the responsibility nor liability of the Provider.

The Client takes full responsibility in the decisions they make after being coached as well as the consequences.

The Client enters into coaching with full understanding that they are responsible for creating their own results.

Periodically, the Provider may supply links to other websites or written print material which may be of value, interest and convenience to you. This does not constitute endorsement of material at those sites or any associated organisation product of service. It is the responsibility of the user to make their own informed decision about the accuracy of the information at those sites and print material including their privacy policies. In no event shall the Provider be liable for any incident or consequential damages resulting from use of the material.

TERMINATION

The client has the option to terminate the coaching agreement within (3) days of signing the contract, and will receive a refund on all payments. Otherwise, the client agrees to coaching for the duration of the contracted period.

Our signatures on this agreement indicate full understanding of the agreement with the information outlined above.

The Client _____ Date: _____

The Coach _____ Date: _____

Please sign, print and send me a picture of this signature page before our first session.